

Informazione Nutrizionale (Nutritional Information)

Antipasti (Appetizers)	CAL	FAT g	SAT FAT g	SOD mg	CARBS g	FIBER g
Create a Sampler Italiano						
Calamari	440	27	2.5	1160	32	0
Stuffed Mushrooms	410	28	8	980	19	3
Fried Zucchini	370	20	1.5	630	42	4
Chicken Fingers	330	16	1.5	930	22	0
Fried Mozzarella	370	22	9	800	26	2
Toasted Beef & Pork Ravioli	360	16	2.5	780	39	2
Add Tomato Sauce	45	1.5	0	270	6	1
Add Marinara Sauce	70	2.5	0	540	10	3
Add Parmesan-Peppercorn Sauce	300	30	5	340	6	1
Bruschetta	610	13	2.5	1760	100	10
Caprese Flatbread	600	36	11	1520	46	5
Grilled Chicken Flatbread	760	44	15	1500	47	5
Mussels di Napoli	180	8	4	1770	13	0
Hot Artichoke-Spinach Dip	650	31	15	1430	68	6
Lasagna Fritta	1030	63	21	1590	82	9
Smoked Mozzarella Fonduta	940	48	28	1940	72	7
Breadstick (with garlic-butter spread)	150	2	0	400	28	2
Alfredo Dipping Sauce	380	35	22	510	9	1
Marinara Dipping Sauce	70	2.5	0	540	10	3
Sicilian Scampi	500	22	10	1850	43	7
Stuffed Mushrooms	410	28	8	980	19	3
Calamari	890	54	5	2340	64	2
Add Marinara Sauce	70	2.5	0	540	10	3
Add Parmesan-Peppercorn Sauce	300	30	5	340	6	1
Zuppe e Insalate (Soups & Salads)						
Chicken & Gnocchi (One serving)	250	8	3	1180	29	2
Pasta e Fagioli (One serving)	130	2.5	1	680	17	6
Minestrone (One serving)	100	1	0	1020	18	3
Zuppa Toscana (One serving)	170	4	2	960	24	2
Garden-Fresh Salad (One serving with dressing)	350	26	4.5	1930	22	3
Garden-Fresh Salad (One serving without dressing)	120	3.5	0.5	550	17	3
Grilled Chicken Caesar	850	64	13	1880	14	4

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Pizze (Pizzas)	CAL	FAT g	SAT FAT g	SOD mg	CARBS g	FIBER g
Create Your Own Pizza (with cheese and sauce only)	910	28	12	2970	129	8
Add Pepperoni	120	11	4	460	0	0
Add Italian Sausage	130	11	4	360	1	0
Add Mushrooms	5	0	0	0	1	0
Add Onions	15	0	0	0	4	1
Add Bell Peppers	10	0	0	0	2	1
Add Black Olives	45	4	0.5	350	3	1
Add Roma Tomatoes	10	0	0	0	2	1
Chicken Alfredo Pizza	1180	40	17	3330	144	11

Dinner Entrées

Cucina Classica (Classic Recipes)						
Lasagna Classico	850	47	25	2830	39	19
Five Cheese Ziti al Forno	1050	48	26	2370	112	9
Spaghetti with Meat Sauce	710	22	8	1340	94	9
Linguine alla Marinara	430	6	1	900	76	9
Chicken Parmigiana	1090	49	18	3380	79	27
Fettuccine Alfredo	1220	75	47	1350	99	5
Eggplant Parmigiana	850	35	10	1900	98	19
Capellini Pomodoro	840	17	3	1250	141	19
Spaghetti & Meatballs	1110	50	20	2180	103	9
Spaghetti & Italian Sausage	1270	67	24	3090	97	15
Tour of Italy	1450	74	33	3830	97	10
Carne (Beef & Pork)						
Pork Milanese	1510	87	37	3100	118	11
Chianti Braised Short Ribs	1060	58	26	2970	71	17
Steak Toscano	880	43	14	1700	45	12
Steak Gorgonzola-Alfredo	1310	73	41	2190	82	9
Mixed Grill	770	24	5	1980	48	13

We believe in offering our guests a broad range of dining experiences that appeal to a variety of taste and dietary preferences and we welcome the opportunity to work with guests to customize their experience or make substitutions where possible. All items on our menus have been independently tested by accredited laboratories with expertise in nutritional testing. However, due to the handcrafted nature of our menu items and slight variances in ingredients we receive from suppliers, minor variations in nutritional values may occur.

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Dinner Entrées

Pasta Ripiena (Filled Pastas)	CAL	FAT g	SAT FAT g	SOD mg	CARBS g	FIBER g
Braised Beef & Tortelloni	1020	53	22	2060	82	10
Cheese Ravioli with Marinara Sauce	660	22	11	1440	84	7
Cheese Ravioli with Meat Sauce	790	28	14	1510	88	12
Ravioli di Portobello	670	30	17	1400	74	15
Manicotti Formaggio	940	46	25	2530	81	8
Pollo (Chicken)						
Venetian Apricot Chicken	380	4	1.5	1420	32	8
Chicken Alfredo	1440	82	48	2070	103	5
Garlic-Herb Chicken con Broccoli	960	41	18	2180	90	12
Chicken & Shrimp Carbonara	1440	88	38	3000	80	9
Chicken Marsala	770	37	5	1800	59	16
Chicken Scampi	1020	53	22	1880	84	17
Chicken & Gnocchi Veronese	1030	58	26	2580	72	8
Stuffed Chicken Marsala	800	36	16	2830	40	6
Pesce (Fish & Seafood)						
Shrimp Primavera	730	12	2	1620	110	14
Grilled Shrimp Caprese	900	40	17	3490	82	0
Parmesan Crusted Tilapia	590	25	10	910	42	6
Herb-Grilled Salmon	510	26	6	760	5	2
Seafood Alfredo	1020	52	31	2430	88	9
Shrimp & Asparagus Risotto	620	30	17	2530	44	19
Seafood Portofino	800	33	14	1880	85	16

Lunch Entrées

Cucina Classica (Classic Recipes)						
Lasagna Classico	580	32	18	1930	35	7
Five Cheese Ziti al Forno	770	32	17	1450	89	5
Spaghetti with Meat Sauce	550	21	8	1040	59	6
Linguine alla Marinara	310	4	1	670	55	5
Chicken Parmigiana	570	18	5	1720	67	18
Fettuccine Alfredo	800	48	30	810	69	4
Eggplant Parmigiana	620	26	8	1540	70	11
Capellini Pomodoro	480	11	2	970	78	11
Spaghetti & Meatballs	820	40	16	1600	66	6
Spaghetti & Italian Sausage	830	44	16	1920	61	9
Tour of Italy	1450	74	33	3830	97	10

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Lunch Entrées

Pollo e Pesce (Chicken & Seafood)	CAL	FAT g	SAT FAT g	SOD mg	CARBS g	FIBER g
Chicken Scampi	720	34	14	1370	69	17
Grilled Chicken Spiedini	460	13	2.5	1180	26	7
Venetian Apricot Chicken	280	3	1	1180	32	8
Seafood Alfredo	670	36	21	1320	59	5
Chicken & Gnocchi Veronese	710	42	20	2040	50	3
Shrimp Primavera	510	9	1.5	1130	79	12
Chicken Alfredo	910	52	30	1150	71	4
Grilled Shrimp Caprese	820	39	17	2800	81	0
Pasta Ripiena (Filled Pastas)						
Braised Beef & Tortelloni	740	41	17	1280	60	5
Cheese Ravioli With Marinara Sauce	530	18	9	1160	64	6
Cheese Ravioli With Meat Sauce	600	22	12	1210	65	8
Ravioli di Portobello	450	19	11	960	53	8
Manicotti Formaggio	680	33	18	2100	58	7

Children's Selections

Entrées						
Macaroni & Cheese	340	6	2.5	1000	58	3
Grilled Chicken with Pasta & Broccoli	310	5	1	680	33	6
Cheese Pizza (cheese & sauce only)	470	14	6	1170	66	4
Spaghetti with Tomato Sauce	250	3	0.5	370	45	4
Cheese Ravioli with Tomato Sauce	300	8	4	440	43	4
Chicken Fingers	330	16	1.5	930	22	0
Add Broccoli	25	0	0	10	4	2
Add Fries	400	21	2	880	47	4
Fettuccine Alfredo	800	48	30	810	69	4
Desserts						
Sundae	180	9	6	45	21	0
Chocolate Milkshake	520	22	14	230	72	7
Vanilla Milkshake	530	23	14	170	73	16
Strawberry Milkshake	500	24	15	160	62	10

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Desserts

Dolci (Desserts)	CAL	FAT g	SAT FAT g	SOD mg	CARBS g	FIBER g
Tiramisu	510	32	19	75	48	2
White Chocolate Raspberry Cheesecake	890	62	36	490	70	6
Black Tie Mousse Cake	760	48	27	270	73	8
Zeppoli	920	35	3.5	590	131	4
add Chocolate Sauce	210	2.5	1.5	75	44	2
Torta di Chocolate	800	51	29	125	75	4
Lemon Cream Cake	610	35	16	430	69	2
Chocolate Gelato	620	25	20	150	89	6

Wine & Beer

Vini (Wines)						
Sparkling Glass	130	0	0	20	8	
Sparkling Bottle	550	0	0	90	35	
Red, White, Blush Glass	150	0	0	20	8	
Red, White, Blush Bottle	640	0	0	90	35	
Red, White, Blush Magnum Bottle	1360	0	0	190	74	
Birra (Beer)						
Regular Bottle	160	0	0	15	12	
Regular Draft 14 oz	170	0	0	15	13	
Regular Draft 20 oz	250	0	0	25	19	
Light Bottle	110	0	0	15	6	
Light Draft 14 oz	130	0	0	20	8	
Light Draft 20 oz	190	0	0	25	11	
Non-alcoholic Bottle	60	0	0	5	13	

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Specialty Beverages

Signature Cocktails	CAL	FAT g	SAT FAT g	SOD mg	CARBS g
Italian Margarita	240	0	0	10	32
Limoncello Lemonade	260	0	0	5	42
Venetian Sunset	190	0	0	10	38
Peach Sangria Glass	250	0	0	50	40
Peach Sangria Pitcher	1010	0	0	200	158
Berry Sangria Glass	230	0	0	15	35
Berry Sangria Pitcher	910	0	0	50	138
Tropical Sangria Glass	220	0	0	10	31
Tropical Sangria Pitcher	870	0	0	45	126
Strawberry Fresco	230	0	0	5	31
Peach Fresco	200	1	0	10	22
Lime-Mint Fresco	230	0	0	45	29
Sicilian Citrus Fresco	210	0	0	10	25
Martinis					
Strawberry-Limoncello Martini	300	0	0	15	42
Pomegranate Margarita Martini	290	0	0	5	44
Mango Martini	180	0	0	0	31
Chocolate Martini	260	3.5	2	45	36
Sour Apple Martini	210	0	0	0	22
Frozen Specialties					
Strawberry Bellini	220	0	0	0	46
Peach Bellini	170	0	0	0	33
Wild Berry Bellini	160	0	0	10	31
Strawberry Frozen Margarita	340	0	0	25	67
Wild Berry Frozen Margarita	290	0	0	20	55
Strawberry-Mango Frozen Margarita	350	0	0	20	68
Strawberry Daiquiri	250	0	0	15	47
Peach Daiquiri	270	0	0	10	51
Mango Daiquiri	240	0	0	10	43
Wild Berry Daiquiri	270	0	0	5	50
Chocolate Almond Amore	600	21	13	135	82
Frozen Tiramisu	410	14	8	95	54
Tangerine Palermo	410	12	8	50	56
Strawberry Siciliano	360	10	6	50	46

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Beverage Selections

Specialties	CAL	FAT g	SAT FAT g	SOD mg	CARBS g
Sicilian Splash	100	0	0	15	24
Italian Sodas	120	0	0	5	29
Cream Sodas	190	5	3	40	35
Coffees & Hot Teas					
Lavazza Espresso	0	0	0	10	0
Cappuccino	150	8	4	65	14
Caffè Latte	130	4	2	85	15
Caffè Mocha	180	4	2.5	75	30
Caramel Hazelnut Macchiato	220	4.5	2.5	40	43
Frozen Cappuccino	320	10	6	60	52
Caffè la Toscana Coffee	0	0	0	5	0
Herbal and Flavored Hot Teas	0	0	0	0	0
Fountain Drinks, Iced Teas & Other					
Coca-Cola Classic	100	0	0	5	27
Diet Coke	0	0	0	10	0
Sprite	100	0	0	20	26
Dr Pepper	100	0	0	35	27
Fresh Brewed Iced Tea	0	0	0	0	0
Bellini Peach-Raspberry Iced Tea	70	0	0	0	16
Raspberry Lemonade	110	0	0	15	29
2% Reduced Fat Milk	260	10	6	250	69
Juice	270	0	0	50	60

Gluten Free Selections

Insalate (Salads)	CAL	FAT g	SAT FAT g	SOD mg	CARBS g	FIBER g
Garden-Fresh Salad without croutons	300	24	4.5	1860	16	3
Caesar Salad without croutons	800	61	13	1750	8	3
Entrées						
Pennine Rigate	561	19	4	693	90	8
Steak Toscano	760	46	18.5	1370	9	4
Herb-Grilled Salmon	510	26	6	760	5	4
Mixed Grill	745	24	6.2	1755	25	4
Mixed Grill (all chicken)	630	20	3.7	1255	27	7
Children's Entrée						
Children's Grilled Chicken	210	5.5	0.7	505	12	4